

Troop 110 - Board of Review

Lesson

Scout Handout

Quick Facts

- It's a conversation, not a retest.
- Your chance to show growth and Scout spirit.
- Lasts 15–30 minutes (45–60 for Eagle).
- Adults want you to succeed!

Self-Reflection Worksheet

Fill this out before your BOR to help prepare.
Service story I'm proud of: _____

Leadership moment (what / so-what / now what): _____

Skill I improved & how: _____

Point(s) of the Scout Law I lived this month: _____

One thing I'll do differently next time: _____

A question I'll ask the BOR team: _____

Sample BOR questions



Use S.T.A.R. to answer Scout Law Questions
State → Tell → Analyze → Re-commit.

Know These!

- Motto - Be Prepared
- Slogan - Do a Good Turn Daily
- Oath
- Law
- Outdoor Code

Uniform

- Clean, correct uniform
- Shirt tucked in; belt; socks
- Neckerchief and slide
- Merit badge sash
- Pen in pocket
- Mirror check: neat & complete

Bring

- Scout Handbook
- Service hours documented
- Leadership logs updated

Mental prep

- Courteous greeting
- Eye contact
- Confident posture
- Clear, steady voice
- appropriate hand gestures; avoid fidgeting
- Review potential questions they might ask

Board asks only open-ended questions, examples:

“Tell us about a recent service project you participated in.”

“What is one point of the Scout Law you lived this month? How?”

“What was a high and low moment from a campout?”

“Tell us about your leadership position and what you learned.”

Board asks only open-ended questions, examples:

“Tell us about a recent service project you participated in.”

“What is one point of the Scout Law you lived this month? How?”

“What was a high and low moment from a campout?”

“Tell us about your leadership position and what you learned.”